

***BC Psychologist*—writer's guidelines**

BC Psychologist is the quarterly newsletter of the BC Psychological Association. The newsletter is distributed to members of the Association who live throughout BC, and every July it is also sent out to prospective affiliates, and new registrants with the College of Psychologists of BC.

Upcoming themes

- Family (Summer 2009)
- Growing pains: Children & Adolescents (Fall 2009)
- Psychology of sex & love (Winter 2010)
- Melting pot: psychology in a multicultural society (Spring 2010)

Summary of key points

- Anyone can contribute, but we particularly encourage psychologists to write for the newsletter
- An article must be no longer than 950 words
- Submissions must be original
- Submissions should be sent to bcpa@telus.net as a Word document (PC and Office 2003 compatible)
- You must acknowledge all sources; use APA style for references

Who can contribute to *BC Psychologist*?

- Anyone can contribute to *BC Psychologist*, but we particularly value submissions by Registered Psychologists or psychology researchers. We also value perspectives from other service providers.
- Preference is given to writers from BC and those who haven't been published before in *BC Psychologist*.

Who will you work with?

- Dr. Michael Foreman is *BC Psychologist* Editor-in-chief. He is responsible for final approval and editing of all articles. He can be reached at bcpa@telus.net
- Giovanna Di Sauro is *BC Psychologist* Assistant Editor, Art Director & Production Coordinator. She is the point person for articles, ensures articles are delivered on time and in the correct format, and does initial editing. She can be reached at admin.bcpa@telus.net. If you have a new article you'd like to submit for consideration, or you have been asked to submit an article, please contact Giovanna.
- Final editorial decisions belong to the BCPA staff and the Editor-in-chief
- Writers might also be contacted by a Guest Editor. After initial contact with a Guest Editor, submissions should be sent to the Assistant Editor.

Copies

- Each contributor will receive one copy, free of charge, of the issue in which his or her article appears. Guest editors may receive more, at our discretion.
- *BC Psychologist* does not give payment for articles.

Submissions

- Please submit original pieces not published before. You must let us know if you are submitting a reprint.
- *BC Psychologist* does not publish fictional work
- If you are naming another person without their permission, please use a pseudonym.
- Articles should not be longer than 950 words. This word limit does not include the article title, the author's bio, or references. If our editors need more details, they will be in touch during editing
- Submissions which are longer than 950 words may not be considered at all, or may be cut at the editors' discretion

Writing tips

When writing your piece for *BC Psychologist*:

- Don't make your sentences too long.
- Use active sentences
- If you have to use special terms, define them within the text or as a footnote.
- Break up long paragraphs into smaller ones.
- Make sure to adhere to word limits. Ideally, an article should be 480-950 words long.
- Use APA style for your references

Set up your file right the first time!

When you set up your document:

- Use left alignment.
- Use a readable, commonly-used font like Arial or Times New Roman.
- Include an interesting, appropriate headline for your article, and a subtitle. If your headline is too long, break it into a headline and a subtitle. Leave a space.
- Type your full name as you would like it to appear printed in the publication. Please include any degrees you might want us to list. Leave a space.
- Come up with a short "bio" (one to two sentences) describing who you are: that is, your title and place of work, plus any other details that would be important for our readers to know. Leave a space.
- Leave one line between each paragraph.
- Edit, proofread, and spell-check your article.
- Send your article to Giovanna Di Sauro, Assistant Editor [admin.bcpa@telus.net] as an email attachment in Word; include full mailing address. In cases where your submission was not solicited, we will let you know if (and in which issue) your article will be published, if at all.
- DO NOT use tables or text boxes
- DO NOT use double spacing
- DO NOT add footers

Copyright and reprints

- Contributors retain intellectual property rights over their final submissions; however, once published, the articles cannot be sold to another publication.
- Articles that have originally appeared in *BC Psychologist* are allowed to be published, without reprint fee, in another non-profit publication or newsletter. Please contact us at bcpa@telus.net if you intend to reprint one of our articles.