

Presented by Dr. Daniel Hughes, Ph.D.

Friday, April 3, 2020

9:00AM – 4:30PM @ University Golf Club
5185 University Blvd, Vancouver, BC V6T 1X5

Continuing Education Credits: 6

Children and youth who have experienced abuse and neglect are at high risk for significant difficulties in their neurological, affective, cognitive, and behavioral development. The central place of therapeutic and caregiving interventions based on attachment and neurobiology will be explored. These principles of safe relationships enable an individual to resolve conflicts and traumatic experiences, develop affect regulation and reflective functioning, and establish a coherent narrative.

Attachment principles stretch from infancy to old age, from safety to exploration of self and other, including affective and reflective functioning, while involving the processes of co-regulating affect and co-creating meanings. A resulting attachment-focused treatment -- Dyadic Developmental Psychotherapy (DDP) is experiential and reflective and involves establishing attuned states between the young person and the therapist and caregiver in order to safely explore past traumas and current behaviors involving both fear and shame.

Learning Objectives

1. Understand the effects of developmental trauma and attachment disorganization.
2. Understand the developmental effects of a secure attachment.
3. Understand the basic principles of Dyadic Developmental Psychotherapy.
4. Understand the basic interventions of Dyadic Developmental Psychotherapy.
5. Understand the basic principles of caregiving for developing attachment security.
6. Understand characteristics of day-to-day care.

About the Presenter

Dan Hughes, Ph.D. is a clinical psychologist who founded and developed Dyadic Developmental Psychotherapy (DDP), the treatment of children who have experienced abuse and neglect and demonstrate ongoing problems related to attachment and trauma. This treatment occurs in a family setting and the treatment model has expanded to become a general model of family treatment. Dan has conducted seminars, workshops, and spoken at conferences throughout the US, Europe, Canada, and Australia for the past 20 years. He is also engaged in extensive training and supervision in the certification of therapists in his treatment model, along with ongoing consultation to various agencies and professionals. He is the founder of DDPI a training Institute which is responsible for the certification of professionals in DDP. Information about DDPI can be found on ddpnetwork.org

Dan is the author of many books and articles. These include Building the Bonds of Attachment, 3rd Ed. (2017), Attachment-Focused Family Therapy Workbook (2011) and, with Jon Baylin, Brain-Based Parenting (2012) and The Neurobiology of Attachment-Focused Therapy (2016). Along with Kim Golding and Julie Hudson, Dan has recently had published Healing relational trauma with attachment-focused interventions: Dyadic Developmental Psychotherapy with children and families (W.W. Norton, 2019).

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402 – 1177 West Broadway Vancouver, BC V6H 1G3
- Fax 604–730–0502 or Call 604–730–0501
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Therapeutic Interventions and Daily Care for the Mistrustful Child who has experienced Developmental Trauma

Early Bird Registration (Nov 15 – Jan 26, 2020)

- Regular price \$257.25 (incl. GST)
- BCPA Members and Affiliates \$183.75 (incl. GST)
- Student Members \$129.94 (incl. GST)
- Student Non-Members \$185.06 (incl. GST)

Regular Registration (Jan 27 – Mar 31, 2020)

- Regular price \$283.50 (incl. GST)
- BCPA Members and Affiliates \$210.00 (incl. GST)
- Student Members \$148.05 (incl. GST)
- Student Non-Members \$203.18 (incl. GST)

Meal Requirements

- Regular meal
- Vegan meal
- Special needs or allergies (please include details below)

Workshop Materials

- I would like to receive a **paper** copy of the materials
- I would like to receive an **electronic** copy of the materials

Confirmation

- I will attend this workshop
- I will attend this workshop via Webcast
- I agree to the **Cancellation Policy** (required)

Cancellations must be received in writing by March 31, 2020. A 20% administration fee will be deducted from all refunds. No refunds will be given after this date.



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GST # 899967350. All prices are in CDN funds.
Please include a cheque for the correct amount, not post-dated, and made payable to “BCPA” or “BC Psychological Association”. If you prefer paying by credit card, please register online. Workshop fee includes handouts, morning & afternoon coffee, and lunch. Free Parking is available. Participant information is protected under the BC Personal Information Act.