

# Psychopharmacology Update: Adults and Older Adolescents

In conjunction with the BCPA Annual General Meeting

## Presented by Dr. John Preston

**Friday, November 17<sup>th</sup>, 2017**

9:00AM – 4:30PM @ Holiday Inn Vancouver Centre  
711 West Broadway, Vancouver, BC V5Z 3Y2

**Continuing Education Credits: 6**

### About the Workshop

Significant new developments as well as controversies have taken place in psychopharmacology during the past few years. Medical students choosing psychiatry as a specialty have dropped by 50% in the past 10 years; with fewer psychiatrists, more prescribing now occurs in primary care. This necessitates more training in this area for both non-prescribing psychological and health care professionals to facilitate collaboration with both psychiatrists and primary care prescribers.

This workshop addresses:

- “What the drug companies don’t want you to know” – the pluses and minuses of the role played by “Big Pharma”
- Potential problems with suicidality in children, teenagers and young adults treated with antidepressants
- New problems identified with the use of melatonin
- New diagnostic criteria for bipolar spectrum disorders (DSM-5 and ICD-10/11)
- Empirically derived treatment guidelines for major depression
- Experimental treatments for PTSD
- New studies on over-the-counter products such as St. John’s Wort, Omega-3 fatty acids, folic acid, melatonin, chamomile and SAM-e
- The role of psychotropic drugs in protecting and healing the brain (neuro-protection)

### Learning Objectives

1. Develop better skills related to diagnosing psychiatric

disorders and understand the five major factors that commonly derail treatment

2. Become familiar with new approaches to the medication treatments of common disorders
3. To appreciate the limitations of pharmacologic treatments and the need for integrated approaches (combined use of medications and psychotherapy)
4. To understand the use of over-the-counter products and their limitations

### About the Presenter

**John Preston, Psy.D., ABPP** is professor emeritus with Alliant International University; Sacramento campus. He has also taught on the faculty of UC Davis, School of Medicine. Dr. Preston is a psychotherapist but has also taught psychopharmacology and neuroscience classes for the past 37 years. He is the author or co-author of twenty-two books, five of which are psychopharmacology texts. He is the recipient of the California Psychological Association’s Distinguished Contributions to Psychology Award and the Mental Health Association’s President’s Award. Dr. Preston has lectured in the United States, Canada, Africa, Europe, and Russia.

**REGISTER EARLY TO  
SAVE \$24!**

### Cancellation Policy:

Cancellations must be received in writing by November 13<sup>th</sup>, 2017. A 20% administration fee will be deducted from all refunds. No refunds will be given after November 13<sup>th</sup>, 2017.

### How to register for this workshop

- Mail this form to: BC Psychological Association  
402 – 1177 West Broadway Vancouver, BC V6H 1G3
- Fax 604-730-0502 or Call 604-730-0501
- Go online: <http://psychologists.bc.ca>

# Psychopharmacology Update: Adults and Older Adolescents Workshop Registration Form

## Early Bird Registration (Sept 1<sup>st</sup> – Sept 30<sup>th</sup>, 2017)

- Regular price \$246.75 (incl. GST)
- BCPA Members and Affiliates \$173.25 (incl. GST)

## Regular Registration (Oct 1<sup>st</sup> – Nov 13<sup>th</sup>, 2017)

- Regular price \$270.90 (incl. GST)
- BCPA Members and Affiliates \$197.40 (incl. GST)

## Parking

- I will be bringing a vehicle and require parking

## Meal Requirements

- Regular meal
- Vegan meal
- Special needs or allergies (please include details below)

## Workshop Materials

- I would like to receive a **paper** copy of the materials
- I would like to receive an **electronic** copy of the materials

\* This will help BCPA reduce its environmental impact and administrative costs, as well as increase its efficiency in member services

- I will attend the workshop
- I will attend the AGM only (BCPA members only)
- I agree to the Cancellation Policy (required)

GST # 899967350. All prices are in CDN funds.

**Please include a cheque for the correct amount, not post-dated, and made payable to "BCPA" or "BC Psychological Association". If you prefer paying by credit card, please register online.** Workshop fee includes handouts, morning & afternoon coffee, and lunch. Free Parking is available. Participant information is protected under the BC Personal Information Act.



Name: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_